

SEEKING TREATMENT

The first step to determine whether substance abuse treatment is right for you is to complete a chemical health assessment by a qualified, licensed alcohol and drug addiction counselor (LADC). Club Recovery offers chemical health assessments and can serve as your starting point if you have been encouraged to obtain a chemical health assessment, or if you want to know what treatment options are the best fit for you. Below is a flow chart that walks you through the process:

CALL CLUB RECOVERY



Call Club Recovery to set up a chemical health assessment appointment

(952) 926-2526



CLUB RECOVERY
ADDICTION TREATMENT FOR YOUR PATH TO RECOVERY



ASSESSMENT APPOINTMENT



Attend the two-hour chemical health assessment appointment. You will complete paperwork and meet with a clinician who will gather background information and address your questions and concerns.



CHEMICAL HEALTH ASSESSMENT



The clinician writes an individualized chemical health assessment. The assessment takes into consideration your needs and the environment that will be best suited to help you. It will also include recommendations such as, education and/or treatment if you meet criteria for a substance use disorder.



TREATMENT RECOMMENDATIONS



A letter with your treatment recommendations will be mailed to you within seven business days of your appointment. You may also call after five business days to be informed of the recommendations prior to receiving the formal letter in the mail.



IF YOU ARE RECOMMENDED TO SEEK TREATMENT AT CLUB RECOVERY AND YOU DECIDE TO SEEK TREATMENT:



SCHEDULE INTAKE



Call Club Recovery's intake coordinator to schedule a one hour intake appointment to begin treatment (952-926-2526). The intake appointment will be scheduled for the hour before your first group therapy session.



INSURANCE



Club Recovery's staff will coordinate with your insurance to obtain necessary authorizations and permissions. This process typically takes up to 7 days, but can take longer depending on each insurance provider.



INTAKE APPOINTMENT



During your intake appointment you will learn about what to expect in treatment and discuss any of your questions and concerns. You will also discuss fees for treatment and any financial obligations you might have.



GROUP THERAPY SESSION



Attend your first group therapy appointment immediately after the intake appointment.



IF YOU DECIDE TO SEEK TREATMENT AT ANOTHER TREATMENT PROGRAM



CALL CLUB RECOVERY



Call and notify Club Recovery of the provider.



WRITTEN PERMISSION



Club Recovery will obtain your written permission to complete a referral on your behalf. With written permission, Club Recovery sends your evaluation to the other provider.



CALL TREATMENT PROGRAM



Contact that addiction treatment center directly for information about starting their program.



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